# Safer Diving Behaviour Program



**Behaviour Attitude Safety Experience** 

Bai SE Behaviour Attitude Safety Experience

Helping young people develop safe driving behaviours and low-risk strategies

"The Changing Gears framework is tried and tested with great success. It is delivered by experienced and skilful facilitators."



Proactive vs reactive Other road users Driver profile Distractions **Risk taking** Speed **Behaviour** Attitude Experience Safety Safer roads Self awareness Safer speed Spatial perception Safer drivers Observation techniques Safer road users

> 1800 766 361 changinggears.org admin@changinggears.org





### About Changing Gears

Changing Gears was established by Mission Australia in 2012. In 2016, they ceased delivery of this program. Mission Australia has generously provided Linda Jane with permission to deliver the program as an independent contractor. Linda Jane is the director of Janeway Pty Ltd., a driver safety and life coaching enterprise.

Changing Gears understands the need for interactive, supported learning which consistently achieves best outcomes for young people experiencing social disadvantage.

It has been recognised that disadvantaged young people, many of whom may experience inadequate parental presence or availability of resources, need to be provided with an opportunity to learn and comprehensively understand the fundamental elements of learner driving, road safety and safer vehicle choices.

#### Who we support

We encourage agencies to have eight – fifteen people per group. The minimum age for participation is fifteen.

Click here to find out about funding



### Changing Gears Credentials

### Linda

In 2012, Linda Jane was employed by Mission Australia to develop and deliver programs which would assist young, disadvantaged people to safely and legally obtain independence.

For the past twenty years, Linda has been delivering life skills and driver education training to large groups on behalf of Murcott's Driver Excellence, METEC and Mission Australia.

Linda is an accredited trainer.

### Angie

Angie has been facilitating and training for more than ten years. She has worked in youth camps conducting high and low ropes initiatives as well as managing horse riding programs. Angie also has considerable experience as a motorcycle riding instructor. Angie is a qualified trainer and community leader with extensive experience in youth programs.

Angie is an accredited trainer.





## BASE - Safer Diving Behaviour Program

#### The Problem

Australian research shows young learner drivers are at the lowest risk when supervised. However, they are four times more likely to be involved in a fatal crash in their first year of probation. This is due to their lack of experience, being unsupervised and the belief that because they hold a probationary licence they are "qualified".

"I learnt that my attitude and behaviour is integral to my safety and the safety of others. This needs to be taught to all new drivers. Thank you."

B

- Janelle, Frankston

SF

**Behaviour Attitude Safety Experience** 

### The solution

Help young drivers avoid crashes by facilitating their discovery of:

- · best practice in driving behaviour and attitude
- · understanding of driver thinking and decision making
- insight and reflection on driving
- · willingness to continue to learn and practice new behaviours
- · completion of the BASE Driver Profile.

The key learning outcome of this program is to assist young drivers to develop the skills that underpin crash-free driving.

### **Other Programs**

#### **Safer Vehicles Intervention Program**

SVIP is a one-day classroom-based program that focuses on educating participants on vehicle safety technology and the importance of driving a safer vehicle.

The intention of the program is for participants to achieve an understanding of what a safe vehicle is and how to choose one.

### **Changing Gears**



The Changing Gears program understands the need for interactive supported learning which consistently achieves best outcomes for young people experiencing social disadvantage. It is a four-day classroom-based program, delivered over four to ten days. It covers all aspects of the most current road law.

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